PRAIRIE VALLEY ISD

Breakfast & Lunch Menu October 2015

				10/1/2015	10/2/2015
7				BREAKFAST: Pancakes w/Syrup or	BREAKFAST: Cinnamon Roll w/Sausage or
쏫				"Cocoa Puffs" Cereal w/Sausage, Fresh	"Trix" Cereal, H. Graham, Fresh Banana
9				Grapes, SB Applesauce, Slushy, Juice, Milk	Cinn. Apple Slices, Slushy, Juice, Milk
Week				LUNCH: Popcorn Chicken or	LUNCH: Szechuan Chicken or
~				Fajita Chicken Salad or	Chef Salad w/Deli Meats or
픙				Healthy Sack Lunch w/PB&J	Healthy Sack Lunch w/Combo Deli Meats
Cycle '				0	0 1011 10 10 0
\circ				Sweet Potato Tots, Pork & Beans, Fresh Grapes, Strawberry Applesauce,	Carrot Sticks w/Ranch, Green Beans, Fresh Banana, Cinn. Apple Slices,
				Slushy, Milk	Slushy, Milk
	10/5/2015	10/6/2015	10/7/2015	10/8/2015	10/9/2015
က	BREAKFAST: Pork Sausage Biscuit or	BREAKFAST: Mini Cinnamon Cheese Bagels or	BREAKFAST: Breakfast Pancake Wrap or	BREAKFAST: Blueberry Mini Loaf or	BREAKFAST: Breakfast Pizza w/Sausage or
	"Fruit Loops" Cereal, H. Graham, Fresh Apples,	"Lucky Charms" Cereal, H. Graham, Fresh	"Cinn. Toast Crunch" Cereal w/Sausage, Fresh	"Cocoa Puffs" Cereal, H. Graham, Fresh	"Trix" Cereal, H. Graham, Fresh Banana,
Φ	Mixed Fruit, Slushy, Juice, Milk	Banana, SG Applesauce, Slushy, Juice, Milk	Grapes, Cinn. Apple Slices, Slushy, Juice, Milk	Watermelon, Peaches, Slushy, Juice, Milk	SB Applesauce, Slushy, Juice, Milk
Cycle Week					
>	LUNCH: State Fair Corndog or Italian Antipasto Salad w/Salami or	LUNCH: Grilled Chicken Sandwich or Fajita Chicken Salad or	LUNCH: Chicken Fajita Tacos or Garden Pasta Salad or	LUNCH: Chicken Tenders w/Gravy or Fajita Chicken Salad or	LUNCH: Tony's Pepperoni Pizza or Chef Salad w/Deli Meats or
<u>ө</u>	Healthy Sack Lunch w/Bologna & Cheese	Healthy Sack Lunch w/Turkey & Cheese	Healthy Sack Lunch w/Ham & Cheese	Healthy Sack Lunch w/PB&J	Healthy Sack Lunch w/Combo Deli Meats
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Ó.	Sweet Potato Tots, Green Beans,	French Fries, Pork & Beans,	Mexicali Corn, Lettuce Topping,	Mashed Potatoes w/Gravy, Green Beans,	Sweet Potato Tots, Baked Beans,
_	Fresh Apple, Mixed Fruit, Slushy, Milk	Fresh Banana, Sour Green Applesauce,	Fresh Grapes, Cinn. Apple Slices,	Fresh Watermelon ,Peaches, Slushy, Milk	Fresh Banana, Strawberry Applesauce,
	10/12/2015	Slushy, Milk 10/13/2015	Slushy, Milk 10/14/2015	10/15/2015	Slushy, Milk 10/16/2015
4 >					
	BREAKFAST: Biscuits & Sausage w/Gravy or "Fruit Loops" Cereal, H. Graham, Fresh Grapes,	BREAKFAST: Cinnamon Toast w/Sausage or "Lucky Charms" Cereal w/Sausage, Fresh	BREAKFAST: Mini Corndogs or "Cinn. Toast Crunch" Cereal, H. Graham, Fresh	BREAKFAST: Pancakes w/Syrup or "Cocoa Puffs" Cereal w/Sausage, Fresh	BREAKFAST: Cinnamon Roll w/Sausage or "Trix" Cereal, H. Graham, Fresh Banana,
è	Mixed Fruit, Slushy, Juice, Milk	Apple, Majestic Pears, Slushy, Juice, Milk	Orange, Cinn. Apple Slices, Slushy, Juice, Milk	Watermelon, Peaches, Slushy, Juice, Milk	SB Applesauce, Slushy, Juice, Milk
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>	LUNCH: Classic Hamburger or	LUNCH: Chicken Nuggets w/Gravy or	LUNCH: Tony's Pepperoni Pizza or	LUNCH: Baseball Park Hot Dog or	LUNCH: Bean & Cheese Burrito or
Ф	Italian Antipasto Salad w/Salami or Healthy Sack Lunch w/Bologna & Cheese	Fajita Chicken Salad or	Garden Pasta Salad or Healthy Sack Lunch w/Ham & Cheese	Fajita Chicken Salad or	Chef Salad w/Deli Meats or Healthy Sack Lunch w/Combo Deli Meats
Cycle Week	nealthy Sack Lunch Wibbiogna & Cheese	Healthy Sack Lunch w/Turkey & Cheese	nealthy Sack Lunch Whath & Cheese	Healthy Sack Lunch w/PB&J	Healthy Sack Eurich W/Combo Deli Meats
\circ	French Fries, Lettuce Topping,	Mashed Potatoes w/Gravy, Green Beans,	Buttered Corn, Sweet Potato Tots,	French Fries, Baked Beans,	Sweet Potato Tots, Refried Beans,
_	Fresh Grapes, Mixed Fruit,	Fresh Apple, Majestic Pears,	Fresh Orange, Cinn. Apple Slices,	Fresh Watermelon, Peaches,	Fresh Banana, Strawberry Applesauce,
	Slushy, Milk	Slushy, Milk	Slushy, Milk	Slushy, Milk	Slushy, Milk
7	10/19/2015	10/20/2015	10/21/2015	10/22/2015	10/23/2015
	BREAKFAST: Pork Sausage Biscuit or	BREAKFAST: Mini Strawberry Cheese Bagel or	BREAKFAST: Breakfast Pancake Wrap or	BREAKFAST: Banana Mini Loaf or	BREAKFAST: Breakfast Pizza w/Sausage or
Cycle Week	"Fruit Loops" Cereal, H. Grahams, Fresh Grapes, Mixed Fruit, Slushy, Juice, Milk	"Lucky Charms" Cereal, H. Graham, Fresh Watermelon, Pineapple, Slushy, Juice, Milk	"Cinn. Toast Crunch" Cereal w/Sausage, Fresh Orange, SG Applesauce, Slushy, Juice, Milk	"Cocoa Puffs" Cereal, H. Graham, Fresh Cantalope, Pineapple Tidbits, Slushy, Juice, Milk	"Trix" Cereal, H. Graham, Fresh Banana Mixed Fruit, Slushy, Juice, Milk
ē	mixed Franciscony, edited, mink	Tracermoteri, i meappie, etaetiy, etaeti, iiiiik	orango, oo rippiccaaco, olacily, calco, iiiiik	Samalopo, i moappio riabilo, Glashy, Galos, iiiiik	mixed Francy Statery, States, mink
>	LUNCH: Tasty Rib Sandwich or	LUNCH: Frito Chili Pie or	LUNCH: Chicken Quesadilla or	LUNCH: Steakfingers w/Gravy or	LUNCH: Tony's Pepperoni Pizza or
Φ	Italian Antipasto Salad w/Salami or	Fajita Chicken Salad or	Garden Pasta Salad or	Fajita Chicken Salad or	Chef Salad w/Deli Meats or
$\overline{\circ}$	Healthy Sack Lunch w/Bologna & Cheese	Healthy Sack Lunch w/Turkey & Cheese	Healthy Sack Lunch w/Ham & Cheese	Healthy Sack Lunch w/PB&J	Healthy Sack Lunch w/Combo Deli Meats
\circ	French Fries, Lettuce Topping,	Buttered Corn, Pinto Style Beans,	Sweet Potato Tots, Refried Beans,	Mashed Potatoes w/Gravy, Green Beans,	Sweet Potato Tots, Baked Beans,
_	Fresh Grapes, Mixed Fruit,	Fresh Watermelon, Pineapple Tidbits,	Fresh Orange, Sour Green Applesauce,	Fresh Cantaloupe, Pineapple Tidbits,	Fresh Banana, Mixed Fruit,
	Slushy, Milk	Slushy, Milk	Slushy, Milk	Slushy, Milk	Slushy, Milk
٠.	10/26/2015	10/27/2015	10/28/2015	10/29/2015	10/30/2015
2	BREAKFAST: Biscuits & Sausage w/Gravy or "Fruit Loops" Cereal, H. Graham, Fresh Apple,	BREAKFAST: Cinnamon Toast w/Sausage or "Lucky Charms" Cereal w/Sausage, Fresh	BREAKFAST: Mini Corndogs or "Cinn. Toast Crunch" Cereal, H. Graham, Fresh	BREAKFAST: Pancakes w/Syrup or "Cocoa Puffs" Cereal w/Sausage, Fresh	BREAKFAST: Cinnamon Roll w/Sausage or "Trix" Cereal, H. Graham, Fresh Banana
<u>\$</u>	Majestic Pears, Slushy, Juice, Milk	Watermelon, Mixed Fruit, Slushy, Juice, Milk	Orange, Pineapple Tidbits, Slushy, Juice, Milk	Grapes, SB Applesauce, Slushy, Juice, Milk	Cinn. Apple Slices, Slushy, Juice, Milk
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>	LUNCH: Hamburger or	LUNCH: Chicken Fried Steak w/Gravy or	LUNCH: Tony's Pepperoni Pizza or	LUNCH: Popcorn Chicken or	LUNCH: Szechuan Chicken or
Φ	Italian Antipasto Salad w/Salami or	Fajita Chicken Salad or	Garden Pasta Salad or	Fajita Chicken Salad or	Chef Salad w/Deli Meats or
Cycle Week	Healthy Sack Lunch w/Bologna & Cheese	Healthy Sack Lunch w/Turkey & Cheese	Healthy Sack Lunch w/Ham & Cheese	Healthy Sack Lunch w/PB&J	Healthy Sack Lunch w/Combo Deli Meats
\bigcirc	French Fries, Lettuce Topping,	Mashed Potatoes w/Gravy, Pinto Style Beans,	Buttered Corn, Baked Beans,	Sweet Potato Tots, Pork & Beans,	Carrot Sticks w/Ranch, Green Beans,
_	Fresh Apple, Majestic Pears,	Fresh Watermelon, Mixed Fruit,	Fresh Orange, Pineapple Tidbits,	Fresh Grapes, Strawberry Applesauce,	Fresh Banana, Cinn. Apple Slices,
	Slushy, Milk	Slushy, Milk	Slushy, Milk	Slushy, Milk	Slushy, Milk
		\bigcirc	CHILD NUTRITION DEPARTMENT		
			" MENU IS SUBJECT TO CHANGE"		
	7		"Meal Benefit Applications" are available online, the campus cafeteria, or campus office. For more information on the School Nutrition Department, please visit our district website.		
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